

everyBODY dance

FEEDBACK!

..... project

1. Can you choose three words to describe your experience of taking part in?

Word 1.....

Word 2.....

Word 3.....

2. What did you enjoy most about the project? (Please tick one)

- Learning new aerial dance / movement skills
- Creating dance / movement material for the piece
- Rehearsing the piece
- Performing for a public audience

3. What did you enjoy least about the project? (Please tick one)

- Learning new aerial dance / movement skills
- Creating dance / movement material for the piece
- Rehearsing the piece
- Performing for a public audience

4. If you were interviewed by someone like a journalist or a television interview and they asked you to describe your experience of, what would you say?

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Tick which of the statements below apply to you (you can tick more than one):

<input type="checkbox"/>	As a result of taking part in this project, I want to start a new dance class or find ways of being more involved in dance projects.
<input type="checkbox"/>	Being part of the project has made me more aware of the importance of health, fitness and looking after my body.
<input type="checkbox"/>	Being part of the project has helped my confidence grow.
<input type="checkbox"/>	I find working with others as part of a team easier after taking part in this project.
<input type="checkbox"/>	I felt more motivated to achieve on this project than I usually do and/or found more strength to keep going when things got tough
<input type="checkbox"/>	I have found my concentrating and listening skills have improved since taking part in the project.
<input type="checkbox"/>	I've noticed I have more ideas since taking part in the project and / or I feel more 'in touch' with the creative part of my personality
<input type="checkbox"/>	The project helped me communicate better with other people – talking to them, making eye contact, picking up body language.
<input type="checkbox"/>	I surprised myself by what I achieved on this project.
<input type="checkbox"/>	I enjoyed the content of the sessions and the way they were structured.
<input type="checkbox"/>	I enjoyed working with, they helped me achieve in the project.

A BIG THANKS FOR FILLING THIS IN.